



Gluten Free

Convenience Items tested to be gluten free



Artisan Cheese

Caveman Blue #6064 *Rogue Creamery*

A rich, complex blue that is deliciously sweet and fruity with slight vanilla tones and nuances of bacon and grass. A rugged natural rind with a deep buttery texture.

Crème Fraîche #6050 *Vermont Creamery*

French-style cultured cheese. Exquisitely rich, with a cultured, nutty flavor and creamy texture.

Mount Mazama #6167 *Rogue Creamery*

Smokey Blue #6208

Smoked over Oregon Hazelnut shells, a sweet, smoky flavor with nutty tones is balanced by the sharp blue with a honey-like finish.

Touville #6107 *Rogue Creamery*

Semi-hard cow's milk cheese with flavors of sweet cream milk chocolate, roasted nuts and vanilla. A buttery finish with a hint of chicory flavor.

White Extra Sharp Cheddar #6221 *Rogue Creamery*

A bold aged cheddar made with certified sustainable cow's milk.

Fresh Soups

Chicken Sausage Jambalaya #18222 *Hale & Hearty*

A soup version of the classic, spicy New Orleans dish made with chicken and Andouille sausage.

Sweet Corn Chowder #18109 *Hale & Hearty*

Creamy and flavorful chowder loaded with fresh corn right off the cob and freshly diced Idaho potatoes.

Ten Vegetable Soup #18110 *Hale & Hearty All Natural*

A thick, hearty tomato based vegetable soup loaded with fresh vegetables and herbs.

*** These soups are in stock. Ask your salesperson about our enormous variety of Gluten Free soups that can be special ordered.

Sausage

Andouille #2734 *Froehlich's* 7oz smoked link

Chicken & Apple *Froehlich's All Natural*

#2730 1oz raw link

#2709 2oz raw link,

#2700 4oz smoked link

Chicken with Broccoli Rabe #2701 *Froehlich's* 4oz raw link *All Natural*

Chicken Italian #2697 *Froehlich's* 4oz raw link *All Natural*

Chicken & Sundried Tomato #2704 *Froehlich's* 4oz smoked link *All Natural*

Chorizo #2729 *Froehlich's* 4oz smoked link

Kielbasa #2735 *Froehlich's* Smoked rope

Lamb with Rosemary #2710 *Froehlich's* 4oz raw link *All Natural*

Greek Lamb #2712 *Froehlich's* 6oz raw link *All Natural*

Mild Italian #2739 *Froehlich's* Bulk Raw

Artisan Italian Salami

Genoa Salami #11377 *Olli Salumeria All Natural*

A mild salami made with salt and white pepper.

Calabrese Salami #11463 *Olli Salumeria All Natural*

A spicy salami made with cayenne & paprika.

Sopressata Salami #11464 *Olli Salumeria All Natural*

Pork salami with whole black peppercorns and garlic.

Toscana Salami #11470 *Olli Salumeria All Natural*

Traditional pork salami with fennel pollen.

Norcino Salami Chubs #11651 *Olli Salumeria All Natural*

Individually Wrapped Pork Salami made with salt and white pepper.

Prosciutto #11476 *Olli Salumeria All Natural*

Prosciutto De Parma Style Certified Organic; Artisanal; Slow Cured

Provisions

Corned Beef Brisket 1st Cut #11405 *Freirich*

Cooked. *Certified Angus Beef Brand®*

Corned Beef Brisket #11084 *Freirich*

Raw with spice packet. *Certified Angus Beef Brand®*

Corned Beef Hash #20526 *Freirich*

Cooked.

Pastrami #11091 *Freirich*

Cooked & rubbed with spices. *Certified Angus Beef Brand®*

Pot Roast #11086 *Freirich*

Fully cooked. *Certified Angus Beef Brand®*

Roast Beef #3255 *Freirich*

Rubbed with salt & pepper and cooked medium rare. *Certified Angus Beef Brand®*

Schmacon #11171 *Certified Angus Beef Brand®* bacon

Turkey Breast Oven-Browned #2172 *Golden Legacy All Natural*

Sous Vide Entrées

Braised Angus Beef Pot Roast #11745 *Bonewerks Culinarte*

Hand-seasoned. Oven-seared. Paired with Demi Glace de Veaut Classic and braised in the pouch.

Braised Boneless Beef Short Ribs *Bonewerks Culinarte*

20/10-12oz #11283 Banquet Pack #11311

Hand-seasoned. Oven-seared. Infused with classic veal demi glace & slow braised for hours.

Braised Lamb Shanks #11269 *Bonewerks Culinarte*

Fully Cooked Deluxe heel on hind shank. Hand-seasoned.

Braised Classic Pork Shank #11270

All Natural pork hindshank Hand-Seasoned. Oven-seared. Infused with Demi-Glace de Pork Classic. Slow-braised.

Braised Boneless Pork Butt #11273

All Natural Duroc Pork Hand-Seasoned. Oven-seared. Paired with Glace de Porc. Slow-braised.

Stock Reductions

Chicken Classic Demi Glace #11267 *Bonewerks Culinarte*

Lobster Premium Glace #11738 *Bonewerks Culinarte*

Pork Classic Demi Glace #11742 *Bonewerks Culinarte*

Veal Elite Demi Glace #11268 *Bonewerks Culinarte*

Veal Classic Demi Glace #11266 *Bonewerks Culinarte*

Veal Premium Glace #11740 *Bonewerks Culinarte*



Sauces

Sriracha Red Chili #20821 *Huy Fong*
Asian chili sauce with a hint of garlic.

Sukhi's

Cilantro Chutney #11473 *All Natural • Vegan*
A zesty blend of cilantro, lemon & garlic.

Curry Paste #7293 *All Natural • Vegan*
A Base Of Tomatoes, Onion, Ginger, Garlic & Exotic Spices.

Korma Paste #7292 *All Natural • Vegan*
A Blend Of Exotic Spices, Onions And Cashews. Add Heavy Cream And Water.

Madras Curry Paste #7291 *All Natural • Vegan*
A Sweet & Tangy Base Of Curry Leaves Chilies & Mustard Seeds.

Mango Chutney #11474 *All Natural • Vegan*
Mildly sweet & spicy. Great compliment to cheese.

Masala Madras #10651 *All Natural • Vegan*
A colorful and warm one step spice blend. Infuse with oil and sautéed with onion and vegetables.

Pulao Mix #10650 *All Natural • Vegan*
An aromatic blend of Indian spices for rice- Cardamon, Cinnamon, Clove, Cumin & bay leaf. Infuse in oil and add to rice before cooking.

Tomato Chutney #11471 *All Natural • Vegan*
Sweet & Spicy tomato blend with raisins & wild onion seeds.

Vindaloo Paste #7290 *All Natural • Vegan*
A Spicy Blend That Includes Cinnamon, Coriander & Cayenne.

Metropolitan Brand

Basil Pesto #11514 *Local • All Natural*
Fresh basil leaves, olive oil, imported cheeses, and pine nuts.

Eggplant & Tomato Sauce #11963 *Local • All Natural*
Roasted eggplant, imported tomatoes, sweet fresh onions, and caramelized garlic

Marinara Sauce #11938 *Local • All Natural*
Imported tomatoes, olive oil, and fresh basil.

Pomodoro #11518 *Local • All Natural*
Sautéed fresh onions simmered with imported Italian tomatoes. Finished with fresh basil leaf, extra virgin olive oil and seasonings.

Sundried Tomato Pesto #11516 *Local • All Natural*
Sundried tomato, olive oil, parmesan and garlic. Intensely flavorful. Perfect for dipping, spreading, or tossed with pasta.

Schlotterbeck & Foss

Caribbean Mango #10296 *All Natural*
Honey Buffalo #10313 *All Natural*
Texas BBQ #10305 *All Natural*

All Beef Hot Dogs

Big City Reds *All Natural • Skinless*
#11214 4/1 lb. 7" long, no fillers, no MSG
#11213 5/1 lb. 6" long, no fillers, no MSG
#11215 6/1 lb. 6" long, no fillers, no MSG
#11103 8/1 lb. 6" long, no fillers, no MSG

Pasta

Fettuccine #11502 *Metropolitan Brand Local • All Natural*
Sweet Potato, Quinoa & Kale Ravioli #11713 *Metropolitan Brand Local • All Natural* A healthy blend of tricolor quinoa, fresh kale, sweet potatoes and fresh mozzarella in a medium square egg dough; 28ct per pound.

Breaded Chicken

Chicken Nuggets #1139 *Bell & Evans All Natural*
Raw whole breast chicken pieces lightly breaded with rice flour. Unbelievably moist and tender.

Chicken Tenders #1138 *Bell & Evans All Natural*
Raw chicken tenders lightly breaded with rice flour.

Beef / Chicken Alternatives

Beef Free Crumbles #11245 *Beyond Meat Vegan*
Thaw & Serve Ground Beef Substitute. Made With Yellow Pea Protein

Black Bean Sliders #11455 *Metropolitan Vegan*
Black Beans, Oats, Brown Rice, Peppers 1.8oz

Chicken Free Strips #11219 *Beyond Meat Vegan*
Meat free, GMO free, gluten free, dairy free, antibiotic & hormone free.

Bread Products

Blueberry Muffin #11584 *Udi's*
Individually Wrapped. Dairy, soy & nut free. Sprinkled with sugar.

Dinner Roll #11590 *Udi's*
Individually Wrapped. Whole Grain Roll Loaded With Healthy Chia, Sunflower And Flax Seeds.

Flat Bread #11600 *Venice Bakery*
Oval Shaped. Great For Pizza Or Bread.

Tortilla #11594 *Udi's*
8 " plain. Dairy, Soy & Nut Free.

White Bread #11585 *Udi's*
Sliced. Light and fluffy sandwich bread.

Cookie Dough

Chunky Chocolate 1.3oz #20983 *Michael's Brand All Natural*
Coconut Macaroon 1oz #11802 *Michael's Brand All Natural*
Snickerdoodle 2oz #20936 *Michael's Brand All Natural*

Desserts

Assorted Macaroons #20978 *Mignardise All Natural*
Small round almond meringue cookies filled with a smooth natural flavored cream. Six assorted flavors.

Fudge Lava Divine #11334 *Dianne's*
Individual rich chocolate dessert